

Running to Remember...

Bethany Cailteux



Central 5K Memorial Scholarship Foundation

5K Memorial Race

Saturday, July 11, 2009 in Clifton's Park

Starting Times

Registration/Check In	7:30 a.m.
5K Runners	8:30 a.m.
5K Walkers	8:30 a.m.
One Mile Kids Run/Walk	8:30 a.m.
Kids One Block Dash	9:30 a.m.
Pool Walk (over 18 unable to run/walk)	8:30 a.m.

This will be a Champion Chip timed race.

Overall Award will be given to one male and one female 5K runner. Overall winner will receive one award.

Individual Awards will be given in the following categories:

- 1st & 2nd place male and female 5K runners in each of the following age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, & Over 50 on race day
- 5 best 5K walk times. **ANY WALKER WHO RUNS ANY PART OF THE ROUTE WILL BE DISQUALIFIED FROM RECEIVING AN AWARD.**
- 1st & 2nd place boys and girls in the One Mile Run in each of the following age groups: 11 & under, and 12-17
- 5 best kids walk times in the One Mile Walk

Each racer may also join a group of 5 or more participants to be considered a group. The groups are – FAMILY, BUSINESS, OR ORGANIZATION. The average of the finishing times will determine the group award.

Register by using this form or at www.cusd4.org – Community Announcements or <http://Central5KMemorial.com>

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Registration Form

{Race day registration begins at 7:30 a.m.}

Name _____ Male/Female Age _____
(circle one above)

Address _____ City _____

State _____ Zip _____ Phone _____

Select adult shirt size: S M L XL 2X

Select 5K Event: 5K Run 5K Walk (Strollers welcome) Pool Walk

Select Age Category: 14 & under 15-19 20-29 30-39 40-49 50 & over

OR

Select kids' shirt size: S M or Adult sizes S M L XL 2X

Select Mile Event: Kids 1 Mile Run Kids 1 Mile Walk

Select Age Category: 11 & under 12-17

Groups welcome - Must be *pre-registered* to participate!

Select Group Category: Family Business Organization

Name of Group: _____

- ❖ 5K Pre-registration race fee: \$12.50 (Payment by June 10 guarantees you a shirt.)
- ❖ 5K Registration fee on race day: \$15.00
- ❖ Kids 1 Mile Pre-registration race fee: \$7.50 (Payment by June 10 guarantees you a shirt.)
- ❖ Kids 1 Mile Registration fee on race day: \$10.00

Please make check payable to:
Central 5K Memorial Scholarship Foundation

Mail to:
Carri Gray
PO Box 426; Clifton, IL 60927
(815) 694-2626

Waiver: In order to participate in the above race, I understand and accept all risk, either known or unknown to me. These include, but are not limited to weather, traffic and surface conditions. I further agree, on my own behalf, not commence legal action, and I waive responsibility against all sponsors, the Village of Clifton, & any persons associated with the race, for damages which may arise as a result of my participation. I give permission, for photographs that may be taken in my likeness, to be used for publication.

Signature of participant (parent/guardian if under 18) _____