

CENTRAL HIGH SCHOOL
Parenting
Sandy Wilken
COURSE SYLLABUS

Course Description:

This one semester course deals with the major aspects of parenting. Learning experiences, including the care of an electronic baby and the planning and implementation of several “preschool” activities will provide students with hands on experiences of the developmental stages of children from birth to early adolescence. Special emphasis will be placed on the development of the whole child in terms of individual physical, intellectual, emotional, and social growth and development, as well as the responsibilities, joys, and stressors involved in parenting.

Course Objectives:

Upon the successful completion of this course, students will be able to: summarize the basic responsibilities of parenting; explain why teamwork is part of parenting; identify and compare three different parenting styles; recognize the problems associated with teens having children; assess the value of planning a family; identify and describe the three stages of prenatal development; identify specific substances, diseases, and environmental hazards that can harm the fetus; compare the advantages of breast-feeding and bottle-feeding; and much more!

Required Class Materials:

Good attitude and great attendance, as well as willingness to do readings, homework, and projects.

Text:

Parenting Rewards & Responsibilities (McGraw-Hill)

Course Outline:

- I. Understanding Parenting
- II. Parenting Decisions
- III. Becoming a Parent
- IV. Caring for an Infant
- V. Nurturing Children

Major Assignments: Electronic Baby Project for at least 4 nights to give students a REALISTIC experience on parenting.

Grading: See the scale in the handbook.

Class Policies & Procedures: Please see these posted in the “Mrs. Wilken” section of the Vocational Dept. on the school website.

Instructor Contact: Prefer e-mail at swilken@cusd4.org; school phone: 815/694-2321