

CENTRAL HIGH SCHOOL
CLOTHING I
Sandy Wilken

COURSE SYLLABUS

Course Description: Grades 9 – 10 (with 11 & 12 grade exceptions) (1 Semester)

This course provides knowledge and understanding of textiles, fashions, and fabrics necessary in meeting the clothing and fabric (fashion) product needs of individuals, families, and the general public. The course content centers on developing student competencies in understanding fibers & fabrics, figure types, patterns, & sewing equipment. Basic construction techniques are learned and a pillowcase, and boxer/pants are sewn, as well as a garment that includes collar, buttons, and sleeves.

Prerequisite: LIFE course

Note: The projects will require extra cost to the family.

Course Objectives:

Upon the successful completion of this course, students will be able to: describe how clothing helps satisfy human needs; determine their figure type and pattern size; explain what is included in a pattern and describe the purpose of each; describe the basic supplies needed for sewing; operate a sewing machine correctly; complete basic construction techniques; explain the sources, production steps, and characteristics of natural and manufactured fibers; identify and describe different ways in which yarn is made into fabrics through weaving, knitting, or other processes.

Required Class Materials:

Good attitude and great attendance, as well as willingness to do readings, homework, and projects.

Text: Clothes and Your Appearance (Goodheart-Willcox)

Course Outline:

- I. Your Clothes Speak for You
- II. Figure Types
- III. Looking at Patterns
- IV. Sewing Equipment
- V. Basic Sewing Skills
- VI. From Fiber to Yarn
- VII. From Yarns to Fabrics

Major Assignments:

Pillowcase (Feb); Boxer pants/shorts (March); Collar/Button/Sleeve Garment (May)

Grading: See the scale in the handbook.

Class Policies & Procedures: Please see these posted in the “Mrs. Wilken” section of the Vocational Dept. on the school website.

Instructor Contact: Prefer e-mail at swilken@cusd4.org; school phone: 815/694-2321